Sexual and Gender-Based Violence Resource

This guide outlines resources available for students who have been directly impacted as well as those supporting others who have been impacted by sexual harassment, sexual violence, relationship violence, stalking, and/or gender discrimination.

Confidential Support Team (CST)

CST is a confidential resource. CST offers free support to Stanford students impacted by sexual, intimate partner, and gender-based violence, including discrimination, stalking, and harassment. CST provides information about rights and reporting options, support throughout the reporting process, and support in accessing other resources (e.g., medical care, forensic exam, risk assessment and safety planning). CST services include consultation, emotional support, and psychotherapy.

The Office of Sexual Assault & Relationship Abuse, Education & Response (SARA)

The SARA Office is a private, non-confidential resource. The SARA Office provides holistic healing, education, advocacy, and consultations about options and resources to Stanford students and partners. Through coordinated, comprehensive, and consistent responses, we aim to address immediate individual & community needs that promote healthy, empowered, and caring relationships.

Title IX Office

The Title IX Office is a private, non-confidential resource. The Title IX Office collaborates with the Stanford community to stop, prevent, and remedy interpersonal violence and gender-based discrimination through education, culture change, accountability, and empowerment. We offer options and resources to all Stanford students affected by these issues and are committed to providing a fair, thorough, and prompt investigation and adjudication process.

<table>
<thead>
<tr>
<th>We Can Help With...</th>
<th>CST</th>
<th>SARA</th>
<th>TITLE IX</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arranging Transportation to SART Exam</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Confidential Emotional &amp; Informational Support</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>On-Call/24 Emotional Hour Support Hotline</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anonymous and/or Hypothetical Consultation</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Information About Reporting Options</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Emotional Support With Making a Report</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Filing a Title IX Report to Stanford</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Filing a Report to the Police</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Housing &amp; Academic Accommodations</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conducting University Investigation</td>
<td></td>
<td></td>
<td>✔️</td>
</tr>
<tr>
<td>Holistic Healing Options</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
</tr>
<tr>
<td>Evidence-Based Psychotherapy</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Filing a Restraining Order</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Education</td>
<td>✔️</td>
<td>✔️</td>
<td></td>
</tr>
</tbody>
</table>

✔️ Indicates that the office provides the service listed
### Key Terms and Definitions

#### Confidential
Confidential resources don’t have an obligation to report a student’s experience to the Title IX Office. This includes CST, CAPS, Ombudsperson, and Office of Religious Life. There are some limitations to confidentiality, including the obligation to report abuse of a minor.

#### Private/Non-Confidential
Private/non-confidential resources will protect your information to the extent possible; however, they are unable to guarantee confidentiality as they must share instances of sexual and gender-based violence with the Title IX Office. Title IX only shares information on a need-to-know basis.

#### Mandated Reporter
This is a legal term that refers to the obligation that some professionals have to report information received about child and elder abuse to police or other authorities. CST counselors are mandated reporters.

#### Responsible Employee
Most people employed by Stanford are considered responsible employees, this means that they are required to share information to the Title IX Office. This includes student staff and all faculty and staff with the exception of CST Counselors, CAPS counselors, the Ombudsperson, the Office of Religious Life, and Vaden doctors.

#### Title IX Report
Sharing information with the University enables the Title IX Office to prevent, remedy, and stop instances of sexual and gender-based misconduct. Making a report does not mean an investigation will automatically be initiated. Making a Title IX Report is not the same as filing a police report.

#### Anonymous Consultation
A way to obtain information without needing to provide any of your identifying information. Anonymous consultations can be made by phone or in-person to the CST, SARA, and/or Title IX Offices.

#### Hypothetical Consultation
A way to engage in a dialogue by using language (i.e. “If this were reported…”) that won’t trigger the legal reporting obligation. Hypothetical consultations can be made by phone or in-person to CST, SARA, and/or Title IX Offices.

#### No-Contact Directive
A University directive to the Complainant and Respondent to not contact one another by any means. Mutual no-contact directives are only implemented as part of a formal Title IX investigation.

#### SU Alerts
Urgent SUDPS communication of an emergency or dangerous situation involving an immediate threat to the campus community as required by federal law.

#### Holistic Healing
Healing options that explore reconnection to the self through mind, body, and spirit including yoga, art, and writing programs.

### Contact Information

#### Confidential Support Team (CST)
**24/7 Hotline:** for urgent matters call (650) 725-9955  
**Office Line:** for non-urgent matters 8:30am - 5:00pm call (650) 736-6933  
**Website:** vaden.stanford.edu/sexual-assault

#### SARA Office
**Email:** saraoffice@stanford.edu  
**Phone:** (650) 725-1056  
**Website:** sara.stanford.edu

#### Title IX Office
**Title IX Coordinator:**  
Cathy Glaze (interim)  
**Email:** titleix@stanford.edu  
**Phone:** (650) 497-4955  
**Website:** titleix.stanford.edu

#### Location of all Offices:
Kingscote Gardens  
419 Lagunita Drive,  
Stanford, CA 94305

### Additional Resources:

**Callisto**
A secure, time-stamped online tool that allows you to document your experience and choose whether and when to submit it to the university. Callisto is not to be used for responsible employee reporting obligations.  
**Website:** stanford-callistocampus.org

**YWCA Silicon Valley**  
Confidential and anonymous crisis support, counseling services, information, and advocacy for the Silicon Valley community.  
**24/7 Hotline:** 1-800-572-2782  
**Website:** ywca-sv.org

More Information can be found here:  
sexualviolencesupport.stanford.edu  
relationshipviolencesupport.stanford.edu