

Sexual and Gender-Based Violence Resource Guide

This guide outlines resources available for students who have been directly impacted as well as those supporting others who have been impacted by sexual harassment, sexual violence, relationship violence, stalking, and/or gender discrimination.

Confidential Support Team (CST)

CST is a confidential resource. CST offers free support to Stanford students impacted by sexual, intimate partner, and gender-based violence, including discrimination, stalking, and harassment. CST provides information about rights and reporting options, support throughout the reporting process, and support in accessing other resources (e.g., medical care, forensic exam, risk assessment and safety planning). CST services include consultation, emotional support, and psychotherapy.

The Office of Sexual Assault & Relationship Abuse & Response (SARA)

The SARA Office is a private, non-confidential resource. The SARA Office provides education and training, consultations about options and resources, and outreach programs to Stanford students and partners in the coordinated, comprehensive, and consistent response to these issues on campus. Our mission is to promote healthy, empowered, and consensual relationships at Stanford.

Title IX Office

The Title IX Office is a private, non-confidential resource. The Title IX Office collaborates with the Stanford community to stop, prevent, and remedy interpersonal violence and gender-based discrimination through education, culture change, accountability, and empowerment. We offer options and resources to all Stanford students affected by these issues and are committed to providing a fair, thorough, and prompt investigation and adjudication process.

We Can Help With...	CST	SARA	TITLE IX
Arranging Transportation to SART Exam	✓		
Confidential Emotional & Informational Support	✓		
On-Call/24 Emotional Hour Support Hotline	✓		
Anonymous and/or Hypothetical Consultation	✓	✓	✓
Information About Reporting Options	✓	✓	✓
Emotional Support With Making a Report	✓	✓	
Filing a Title IX Report to Stanford	✓	✓	✓
Filing a Report to the Police	✓	✓	✓
Housing & Academic Accommodations	✓		✓
Conducting University Investigation			✓
Holistic Healing Options	✓	✓	
Evidence-Based Psychotherapy	✓		
Filing a Restraining Order		✓	
Community Education	✓	✓	

✓ Indicates that the office provides the service listed

Confidential

Confidential resources don't have an obligation to report a student's experience to the Title IX Office. This includes CST, CAPS, Ombudsperson, and Office of Religious Life. There are some limitations to confidentiality, including the obligation to report abuse of a minor.

Mandated Reporter

This is a legal term that refers to the obligation that some professionals have to report information received about child and elder abuse to police or other authorities. CST counselors are mandated reporters.

Title IX Report

Sharing information with the University enables the Title IX Office to prevent, remedy, and stop instances of sexual and gender-based violence. Making a report does not mean an investigation will automatically be initiated. Making a Title IX Report is not the same as filing a police report.

Anonymous Consultation

A way to obtain information without needing to provide any of your identifying information. Anonymous consultations can be made by phone or in-person to the CST, SARA, and/or Title IX Offices.

Private/Non-Confidential

Private/non-confidential resources will protect your information to the greatest extent possible; however, non-confidential resources are unable to guarantee confidentiality as they must notify the Title IX Office of instances of sexual and gender-based violence.

Responsible Employee

Most people employed by Stanford are considered responsible employees, this means that they are required to share information to the Title IX Office. This includes student staff and all faculty and staff with the exception of CST Counselors, CAPS counselors, the Ombudsperson, the Office of Religious Life, and Vaden doctors.

Clery Report

Report made to SUDPS as required by a federal law known as the Clery Act. No personally identifying information is shared when making this report. Making a Clery Report is not the same as filing a police report.

Hypothetical Consultation

A way to engage in a dialog by using language (i.e. "If this were reported...") that won't trigger the legal reporting obligation. Hypothetical consultations can be made by phone or in-person to CST, SARA, and/or Title IX Offices.

Civil Restraining Order

Restraining orders are legal court directives to help protect a person experiencing abuse, harassment, or domestic violence. The SARA Office can help students fill out paperwork and provide accompaniments to court.

No-Contact Directive

A University directive to the Complainant and Respondent to not contact one another by any means. Mutual no-contact directives are only implemented as part of a formal Title IX investigation.

SU Alerts

Urgent SUDPS communication of an emergency or dangerous situation involving an immediate threat to the campus community as required by federal law.

Holistic Healing

Healing options that explore reconnection to the self through mind, body, and spirit including yoga, art, and writing programs.

Additional Resources:

Callisto

A secure, time-stamped online tool that allows you to document your experience and choose whether and when to submit it to the university. Callisto is not to be used for responsible employee reporting obligations.

Website: stanford-callistocampus.org

YWCA Silicon Valley

Confidential and anonymous crisis support, counseling services, information, and advocacy for the Silicon Valley community.

24/7 Hotline: 1-800-572-2782

Website: ywca-sv.org

More Information can be found here:

sexualviolencesupport.stanford.edu
relationshipviolencesupport.stanford.edu

Confidential Support Team (CST)

24/7 Hotline: for urgent matters call (650) 725-9955

Office Line: for non-urgent matters 8:30am - 5:00pm call (650) 736-6933

Website: vaden.stanford.edu/sexual-assault

SARA Office

Email: saraoffice@stanford.edu

Phone: (650) 725-1056

Website: sara.stanford.edu

Title IX Office

Title IX Coordinator:

Jill Thomas

Email: titleix@stanford.edu

Phone: (650) 497-4955

Website: titleix.stanford.edu

Location of all Offices:

Kingscote Gardens

419 Lagunita Drive,

Stanford, CA 94305



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